

Week 1 02/01/2023 – 23/01/2023 – 20/02/2023 – 13/03/2023	Day	Standard Meal	Halal Meal	Vegetarian Meal	Veg for All	Cold Meal	Jacket Potato	Dessert
	Meat free Monday	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Cheese and Tomato Pizza	Peas and Corn on the cob	Ham or Cheese Baguette	Jacket Potato with Coleslaw	Mini Gingerbread men
	Tue	*Chicken Fajita Wrap	*Chicken Fajita Wrap	Quorn Fajita Wrap	Carrot and Cucumber sticks	Chicken or Cheese Roll	Jacket Potato with Tuna Mayo	Strawberry and Fruit Jelly with Cream
	Wed	Pork Meatballs Rice	Beef Meatballs Rice	Vegetarian Meatballs Rice	Corn on the Cob	Ham or Egg Baguette	Jacket Potato with Coleslaw	Apple, breadsticks and Cheese
	Roast Dinner Thursday	*Roast Turkey Roast Potatoes, Stuffing and Gravy	*Roast Turkey Roast Potatoes, Stuffing and Gravy	Veggie Roast with Roast Potatoes, Stuffing and Gravy	Peas and Carrots	Tuna mayo or Egg roll	Jacket Potato with Mild Veggie Chilli	Apple and Berry Oat Crumble with Custard
	Fishy Friday	Breaded Salmon Fillet Chips	Breaded Salmon Fillet Chips	Fishless Fingers Chips	Baked Beans	Halloumi Salad and Pitta bread	Jacket Potato with Beans	Selection of Yoghurts and Fruity Oats

Wholemeal bread, fresh fruit, salad bar and dessert are available for all options. * Indicates meat is sourced from a local butcher.

January – April 2023

		Day	Standard Meal	Halal Meal	Vegetarian Meal	Veg for All	Cold Meal	Jacket Potato	Dessert
		Week 2 09/01/2023 – 30/01/2023 – 27/02/2023 – 20/03/2023		Meat free Monday	Cheese and Tomato Cannelloni Crusty Roll	Cheese and Tomato Cannelloni Crusty Roll	Cheese and Tomato Cannelloni Crusty Roll	Peas	Tuna or Cheese roll
Tue	*Sticky BBQ Chicken and Rice			*Sticky BBQ Chicken and Rice	Sticky BBQ Quorn and Rice	Mixed Veg	Egg and Ham salad, Bread roll	Jacket Potato with Creamy Coleslaw	Apple, Breadsticks and Cheese
Wed	*Sausages and Mashed Potatoes			Chicken Sausage and Mashed Potatoes	Quorn Sausages and Mashed Potatoes	Green Beans	Ham and Cheese 'Lunchable'	Jacket Potato with Tuna Mayo	Fresh Fruit Salad with Natural Yoghurt
Roast Dinner Thursday	*Roast Beef with Roast Potatoes, Yorkshire Pudding and Gravy			*Roast Beef with Roast Potatoes, Yorkshire Pudding and Gravy	Quorn Fillet with Roast Potatoes, Yorkshire pudding and Gravy	Carrots and Broccoli	Chicken or Cheese roll	Jacket Potato with Vegetable Bolognese	Apple Sponge with Custard
Fishy Friday	Fish Fingers with Potato Wedges			Fish Fingers with Potato Wedges	Vegetable Nuggets with Potato Wedges	Baked Beans	Ham & Cheese Baguette, Boiled Egg and Salad	Jacket Potato with Cheese	Selection of Yoghurts with Fruity Oats

January – April 2023

Week 3
16/01/2023 – 06/02/2023 - 06/03/2023 – 27/03/2023

Day	Standard Meal		Vegetarian Meal	Veg for All	Cold Meal	Jacket Potato	Dessert
Meat Free Monday	Cheese and Tomato Pasta Bake	Cheese and Tomato Pasta Bake	Cheese and Tomato Pasta Bake	Peas and Sweetcorn	Cheese or Egg roll	Jacket Potato with Baked Beans	Apple Pie and Squirty Cream
Tues	Chicken Chunks with Noodles, Sweet and Sour Sauce	Chicken Chunks with Noodles, Sweet and Sour Sauce	Quorn nuggets with Noodles, Sweet and Sour Sauce	Green Beans	Ham or Tuna Baguette	Jacket Potato with Cheese	Peach Crumble with Custard
Wed	Spaghetti Bolognese topped with Cheese	Spaghetti Bolognese topped with Cheese	Veggie Spaghetti Bolognese topped with Cheese	Mixed Vegetables	Hummus with Pitta Bread Carrot & Cheese Sticks	Jacket Potato with Creamy Coleslaw	Apple and coconut flapjack
Roast Dinner Thursday	*Roast Chicken with Roast Potatoes and Gravy	*Roast Chicken with Roast Potatoes and Gravy	Veggie Roast with Roast Potatoes and Gravy	Carrots and Broccoli	Cheese or Tuna Baguette	Jacket Potato with Vegetable Curry	Cheese, Crackers and Grapes
Friday	Beef Burger and Chips	Beef Burger and Chips	Vegetable Burger with Chips	Corn on the Cob	Cheese Scone with Salad	Jacket Potato with Tuna Mayo	Selection of Yoghurts with Fruity Oats