

# Sex and Relationships Education Policy (CST)

**Last Updated Wednesday 10th January 2018**

This policy applies to the whole of CfBT Schools Trust (CST), including all schools.

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## 1. Purpose

The purpose of sex and relationship education is to help and support young people through their physical, emotional and moral development. Effective sex and relationship education is essential if young people are to make responsible and well informed decisions about their lives. Decisions pupils make about how they relate to others can only be made if they have adequate knowledge and understanding of their own physical and emotional development. This is not a task for the school in isolation and we seek to work with parents to ensure that the teaching of sex and relationship education reflects their expectations and complements teaching at home.

## 2. Scope and Publication

This Sex and Relationships Education Policy applies to all pupils and staff at our school. This policy is available on the school website or a copy can be requested at the school office. This policy can be made available in large print or other accessible format if required.

## 3. Consultation

Staff, parents and pupils are consulted annually on the implementation of this policy and the contents of the curriculum in relation to Sex and Relationships.

The Policy also draws upon the DfE guidance on sex and relationships (July 2000) which can be found [here](#).

## 4. Relationship to other policies

Sex education forms an integral part of the Curriculum Policy, and the schemes of work for science, citizenship, and personal, social, and health education (PSHE), and relates to child protection.

## 5. Aims

The sex and relationship education programme at our school aims to enable students, at the appropriate stage to:

- Understand the nature of feelings and emotions experienced by themselves and others and the importance of healthy personal relationships.
- Understand the biological facts related to human growth and development including reproduction and contraception.
- Accept that change is part of the life cycle and be able to adjust to these changes.
- Recognise the value of loving and caring relationships.
- Understand the value of family life, the implications of parenthood and the needs of the very young.
- Understand and respect the varied cultural and religious influences on individual sexuality.
- Develop a range of personal skills and qualities, e.g. self-esteem, communication, negotiation, listening skills, empathy, assertiveness which will help students to have fulfilling personal and sexual relationships.
- Challenge sexism and prejudice in society and promote equality of opportunity.
- Be aware of sources of help and advice available within the family, school and community, and acquire the skills and confidence to use them.
- Accept their sexuality in a positive way and enjoy relationships based on mutual respect and responsibility, free from any abuse.
- Have the knowledge to protect themselves from infection or unwanted pregnancy.
- Have a clear understanding of the arguments for delaying sexual activity and resisting pressure.
- Link sex and relationship education with issues of peer pressure and other risk-taking behaviour, such as drugs, smoking and alcohol.
- Understand how the law applies to sexual relationships.

- Value their own body and behave within a moral framework.

## 6. Definition and Programme

With the above aims in mind we have developed a programme which is designed to provide information and guidance sufficient to allow our students to develop in confidence. The programme begins in Year 5 and continued in Year 6 where needed. The school will inform parents when the programme will be beginning, and share the contents of the scheme with them in advance.

The programme is designed to help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

Pupils will be given accurate information and helped to develop skills to enable them to understand differences and respect themselves and others, and also for the purpose of preventing and removing prejudice.

## 7. Roles and responsibilities

### **The Governing Body will:**

- ensure that there is a programme of Sex and Relationships Education included in the school curriculum
- ensure this policy is monitored, reviewed and updated accordingly.

### **The Headteacher/Executive Headteacher will ensure that:**

- the Governing Body is advised about the nature and organisation of sex and relationships education and how it reflects the aims and values of the school;
- sex education is provided in a way that encourages pupils to consider morals, the value of family life;
- pupils are protected from inappropriate teaching materials;
- a scheme of work is agreed and implemented;
- parents are informed about the programme for sex education each term;
- monitor compliance with this policy;
- ensure staff are provided with adequate training to comply with this policy;
- this policy is available to all staff and parents.

### **Staff who teach sex and relationships education are expected to:**

- provide sex education in accordance with this Policy and in a way which encourages pupils to consider morals and the value of family life;
- participate in training to provide sex education in line with the school's Curriculum Policy;
- implement the agreed scheme of work;

- draw to the attention of the Headteacher/Executive Headteacher any materials which they consider to be inappropriate;
- respond appropriately to those pupils whose parents wish them to be withdrawn from sex education.

## 8. Parent/Carer Involvement

Research shows that children and young people want to receive their initial sex and relationship education from their parents and families, with school and other adults building on this later. Parents need to know that the school's sex and relationship education programme will complement and support their role as parents and that they can be actively involved in the determination of the school's policy. We recognise that many parents find it difficult to talk to their children about sex and relationships. As a school we will always work in partnership with parents, consulting them regularly on the content of sex and relationship education programmes. Parents are welcome to discuss any concerns or worries they have with the school. We will communicate with parents in advance of any teaching and invite them to an information event to learn more about how we teach Sex and Relationships Education.

We recognise that the teaching of some aspects of sex and relationship education might be of particular concern to some parents. Teachers have a responsibility to ensure the safety and welfare of pupils; we reassure parents that the personal beliefs and attitudes of teachers will not influence the teaching of sex and relationship education. Teachers and all those contributing to sex and relationship education are expected to work within an agreed values framework which must be in line with current legislation.

Parents have the right to withdraw their children from all or part of the sex and relationship education provided. Parents wishing to withdraw their child from sex and relationship education should speak to their child's class teacher or Headteacher/Head of School. As a school we will make alternative arrangements in such cases.

## 9. Monitoring and evaluation

The Headteacher/Executive Headteacher will provide a report on any parental and/or pupil complaints, the number of pupils withdrawn from lessons, and the number of teachers and other staff involved in training on sex education. Lessons on sex education will be observed in the normal programme of monitoring teaching and the judgements about the impact of the lesson on pupils will be included in the report.

## 10. Review

This policy will be reviewed by the Trust annually or to reflect changes in legislation.

# 11. Appendix 1 - Local Teaching Programmes

Please see links in the download section below.

## Downloads

 **[Benjamin Adlard Primary - Teaching Programme](#)** (WORD, 632.86 kb)

 **[Lincoln Carlton Academy - Teaching Programme](#)** (PDF, 191.75 kb)

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Reviewed by: Sam Coy

Provision Committee Review Date: Friday 01st September 2017

Governing Body Review Date: Monday 15th January 2018

*Originally created on Thursday 11th August 2016*